

TUE

WED

THU

FRI

Student Meal Prices:

Elementary Students: Full-Price Breakfast: \$1.50
Middle/High Students: Full-Price Breakfast: \$1.50
Reduced Price Breakfast: \$0.30

Payments can be made in cash, check, or online at:

www.linqconnect.com

Menu is subject to change without notice.
This is an equal opportunity provider.

4

French Toast w/ Syrup
OR Cereal w/ Toast
OR Muffin

Assorted Juice
Assorted Fruit & Choice of Milk

5

Sausage Biscuit
OR Cereal Bar
OR Cereal w/ Toast

Assorted Juice
Assorted Fruit & Choice of Milk

6

Scone
OR Steak Biscuit
OR Cereal w/ Toast

Assorted Juice
Assorted Fruit & Choice of Milk

7

Breakfast Pizza
OR Cereal w/ Toast
OR Strawberry Bagel

Assorted Juice
Assorted Fruit & Choice of Milk

11

Chicken Biscuit
OR Blueberry Muffin
OR Cereal w/ Toast

Assorted Juice
Assorted Fruit & Choice of Milk

12

Pancake w/ Syrup
OR Cereal w/ Toast
OR Cinnamon Minis

Assorted Juice
Assorted Fruit & Choice of Milk

13

Sausage, Egg, & Cheese Biscuit
OR Cereal w/ Toast
OR Apple Bagel

Assorted Juice
Assorted Fruit & Choice of Milk

14

Gravy Biscuit
OR Cereal Bar
OR Cereal w/ Toast

Assorted Juice
Assorted Fruit & Choice of Milk

18

Scrambled Eggs
Oatmeal
Sausage Links
Assorted Juice
Assorted Fruit & Choice of Milk

19

Pancake on a Stick w/ Syrup
OR Cereal w/ Toast
OR Cinnamon Minis

Assorted Juice
Assorted Fruit & Choice of Milk

20

Waffles w/ Syrup
OR Cereal w/ Toast
OR Cereal Bar

Assorted Juice
Assorted Fruit & Choice of Milk

21

Egg & Cheese Hot Pocket
OR Cereal w/ Toast

Assorted Juice
Assorted Fruit & Choice of Milk

25

Chicken Biscuit
OR Cereal w/ Toast
OR Muffin

Assorted Juice
Assorted Fruit & Choice of Milk

26

Scone
OR Cereal w/ Toast
OR Pop-Tart

Assorted Juice
Assorted Fruit & Choice of Milk

27

Breakfast Pizza
OR Cereal w/ Toast
OR Apple Bagel

Assorted Juice
Assorted Fruit & Choice of Milk

28

Gravy Biscuit w/ Sausage
OR Cereal w/ Toast
OR Pop-Tart

Assorted Juice
Assorted Fruit & Choice of Milk

IMPORTANT DATES:

MARCH 19—1/2 Day for Students

Serving Sizes for Each Menu Item:

Vegetables—1 cup min

Fruit—1 cup min

Milk—1 cup

Meat/Meat Alt.—2 oz min

Grain—2 oz min.